

## **SPIRITUAL COUNSELING POLICY**

1. The intention of spiritual counseling is to help the individual discover the spiritual resources within him or herself that enable finding effective solutions to life's challenges. The ultimate purpose of spiritual counseling is to discover the Presence of God in the midst of every life situation.
2. Your minister is a trained spiritual counselor but is not trained to function as a psychotherapist. Should professional help be in order he/she will refer you to a qualified mental health professional.
3. Spiritual counseling is available to anyone sincerely seeking such help. Attendance at church services and classes is also highly recommended.
4. We have a policy of complete confidentiality with regard to spiritual counseling. Possible exceptions to this may arise if we see the potential for suicide, homicide, child or elder abuse. If you have any questions regarding this policy please discuss it with the minister at the start of the session.
5. All counseling is performed on a free-will love-offering basis. No specific fee is expected or suggested however we do request each person leave a love offering. Please leave it with the secretary on your way out.
6. All counseling sessions are scheduled to last forty-five minutes. We generally schedule no more than three sessions within a six month period of time, unless extenuating circumstance apply.